

COMMUNITY NETWORKS OF SPECIALIZED CARE (CNSC)

Videoconference Education Sessions – OCT 2016

ROSTER updated August 19, 2016

- SESSIONS ARE FREE -

To access VC Handouts and the Event Calendar: Go to www.community-networks.ca. Click on the 'Videoconferencing' tab, and then select VC Handouts, at left, for a full roster of session materials.

New WEBCAST folder on the Ontario Telemedicine Network website (OTN) for CNSC recorded sessions

1. To access Webcasts, go to the OTN Webcasting Centre: <http://webcast.otn.ca/>
2. To view a LIVE session, choose LIVE Events (Private). Then input **Username:** cncs1 **Password:** network1 Search the list of session titles and make your selection. To view a recorded/ stored session, choose ARCHIVED Events (Private), inserting the Username and Password. Select the title you wish to view.
3. Sessions are archived on the OTN website for up to 2 years from the date of broadcast.

Some sessions are recorded to DVD. To determine whether a session is available, go to the CNSC website <http://www.community-networks.ca/en/DVDRequest> and search available titles. You may also contact the local specialized clinical service provider in your region or your Network's Regional Videoconference Coordinator.

OCTOBER 2016

POSITIVE PARENTING

Parents will learn how to recognize and respond to their child's inappropriate behaviours; the difference between reinforcement and punishment; recognize when it's not just a phase; and the 5 rules to positive parenting.

LEARNING OUTCOMES

- 1) Basic introduction to applied behaviour analysis, functions of behaviour, strategies for positive parenting.
- 2) How to record basic data
- 3) Design simple home-based behaviour management program
- 4) Use the 5 positive parenting skills

TARGET AUDIENCE

Agency Staff, Family, Care Providers and anyone with an Interest.

PRESENTER BIO

Zainab Fazal Zainab completed her honours undergraduate degree at York University in Psychology and Communication Studies. She received a Master's Degree in Applied Disabilities Studies with an emphasis in Applied Behaviour Analysis from Brock University. She received her most recent professional designation in 2014 when she successfully passed the Behaviour Analyst Certification Board examinations and became a Board Certified Behaviour Analyst (BCBA).

She has extensive experience in the area of Applied Behaviour Analysis and has worked for many years in assessing and developing comprehensive programs plans for children, youth and adults with Autism Spectrum Disorders (ASD), learning disabilities, other developmental disabilities, behavioural challenges and mental health issues. Her current research interests include teaching students effective safety skills in the community, with an emphasis on keeping safe from strangers; parent training; and co-parenting in separated/divorced home situations.

Date: **Tuesday, October 25, 2016**
Time: **9:00 AM – 3:00 PM EDT (8:00 AM – 2:00 PM CDT)**
Presenter(s): **Zainab Fazal**
Host: **Central Community Networks of Specialized Care**
OTN Self-Scheduling: <https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=58679970>
OTN Webcasting: **Live and Archived. Go to <http://webcast.otn.ca/> Private Events.**
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STAND UP TO BULLYING

Understanding strategies that will help children and youth with ASD prevents incidents of bullying and will help them feel more socially confident and improve their relationships with peers. This workshop will explore ideas and strategies that will help parents and caregivers identify the signs that indicate that a child or youth is a victim of bullying and teasing, and discuss strategies that will help build skills to prevent the problem of victimization and bullying. LRCSS has a number of experienced staff skilled at providing high quality training.

TARGET AUDIENCE

Agency Staff, Family, Care Providers and anyone with an Interest.

PRESENTER BIOS

Scott Wildman, B.A., B.S.T., is a Behaviour Consultant and **Jim Haesen**, OCT, is a Behaviour Technician at Lake Ridge Community Support Services. Both presenters have many years' experience providing behaviour therapy services to both adults and children diagnosed with Autism Spectrum Disorder and Intellectual Disabilities.

Date: **Thursday, October 27, 2016**
Time: **9:30 AM – 12:00 PM EDT (8:30 AM – 11:00 AM CDT)**
Presenter(s): **Jim Haesen and Scott Wildman**
Host: **Central Community Networks of Specialized Care**
OTN Self-Scheduling: <https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=59074188>
OTN Webcasting: **Live and Archived. Go to <http://webcast.otn.ca/> Private Events.**
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AUTISM AND MANAGING BEHAVIOUR IN ADULTHOOD

While a person with ASD is a child or teen, there exists a variety of supports within the school system, community agencies, and funding agencies upon which they and their families can draw support. Unfortunately, once adulthood is reached it can become much more challenging to find support despite the fact that many adults with ASD continue to face challenging behaviors across the lifespan. With over 15 years of experiences working as a behaviorist with individuals with ASD across the lifespan Dr. Azarbehi is keen to share behavioral management strategies that work. This workshop will be very practically focused on equipping participants with behavioral management skills which they can then use with the adults with autism with whom they work.

LEARNING OBJECTIVES

- 1) Be aware of and able to approach community agencies and supports available for adults with ASD
- 2) Know how to carry out a behavioral assessment to determine what is triggering and maintaining challenging behaviours
- 3) Be equipped with a variety of prevention strategies to head off meltdowns before they occur including: Self-calming & relaxation, priming setting events for success, reinforcement systems, and social skill coping tools
- 4) Be equipped with several prevention strategies that can be used to contain problem behaviours when they are in progress
- 5) Understand how to carry out a task analysis of new behaviours and skills which they wish to teach
- 6) Understand how to create a behavioural teaching plan to help support the development of positive new behaviours.

TARGET AUDIENCE

Agency Staff, Family, Care Providers and anyone with an Interest.

PRESENTER BIOS

Dr. Azarbehi is the Clinical Director of AAA Psychology and adult mental health centre and also a Professor at Tyndale University. Her research interests focus on autism intervention program effectiveness, video self-modeling, parenting stress, and peer training. Her teaching interests focus on autism spectrum disorders, behavioral psychology, child development, and educational psychology. In her clinical work as a Pediatric Developmental Clinical Psychologist Dr. Azarbehi works with children, youth, and their families from birth through to age 25. Kids Solutions offers ABA/IBI services, social skills groups, anxiety groups, CBT (Cognitive Behavioral Therapy), parenting workshops, behavioral consultations, diagnosis of developmental delays and learning disabilities, and remedial intervention services. Dr. Azarbehi is also the founder and director of TRACE (Tyndale Research in Autism and Community Education) a non-profit organization which offers social skills camps, parenting and professional workshops, and support student researchers interested in studying Autism Spectrum Disorders.

Date: **Friday, December 9, 2016**
Time: **9:00 AM – 3:00 PM EDT (8:00 AM – 2:00 PM CDT)**
Presenter(s): **Jim Haesen and Scott Wildman**
Host: **Central Community Networks of Specialized Care**
OTN Self-Scheduling: <https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=58815505>
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