

COVID-19: UPDATE ON OUR SERVICES OPTIONS NORTHWEST

Service Update #13, 2021

OPTIONS NORTHWEST continues to alter services to protect public health and safety amid COVID-19.

Effective June 22, 2021

Provincial Emergency and Stay-at Home Order

For COVID-19 binders and please post in a prominent place in the homes.

The health and safety of the people we support, and our employees remain our priority as we continue to monitor the COVID-19 situation and find the best and safest way to provide services.

Overview of recent orders.....

Effective December 26th, 2020, Premier Ford put Northern Ontario into a state of “lock down” for a period of a minimum of 14 days. While OPTIONS had already put plans in place to restrict activities over the Christmas season, these lock down measures are now mandated by the provincial government.

Effective January 9th, 2021, Premier Ford extended the “lock down” for a period of another minimum of 14 days until January 23rd 2020.

Effective January 14th, 2021, Premier Ford announces 2nd Provincial declaration of Emergency under the Emergency Management and Civil Protection Act. This shutdown is in effect for all of Ontario and is anticipated to be in place until at least Thursday February 11th, 2021. Ontario felt this step was necessary to keep Ontarians safe and to be able to immediately respond to the ongoing threat of COVID-19.

Effective February 10th, 2021, Premier Ford announced continuation of the shutdown under the Emergency Management and Civil Protection Act. While the emergency order will cease, the shutdown continues to be in effect for all of Ontario however has different timeframes for different regions. For the Thunder Bay area, this is anticipated to be in place until at least Tuesday February 16th, 2021.

Effective February 16th, 2021, Premier Ford announces COVID-19 response framework, Keeping Ontario safe and open. Thunder Bay is deemed to be in the RED ZONE with specific limits enforced in each of the zones. For full disclosure of this information, go to <https://www.ontario.ca/page/covid-19-response-framework-keeping-ontario-safe-and-open>

Effective March 1, 2021, the Ontario government, in consultation with the Chief Medical Officer of Health, is activating an “emergency brake” in Thunder Bay District health Unit to move the region to Grey-Lockdown effective March 1, 2021. This will remain in effect for up to 2 weeks.

Effective March 29th, 2021, Thunder Bay will continue to remain in the Grey-Lockdown zone until further notice.

As COVID-19 cases continue to rise at an alarming rate, a Provincewide Shutdown is in effect as of Saturday, April 3, at 12:01 a.m. for a period of at least 4 weeks. The COVID-19 Response Framework (colour-coded zones) is paused, and time-limited public health and safety measures are in place to help to stop the rapid transmission of COVID-19 variants in communities, protect hospital capacity and save lives.

Effective Thursday, April 8, 2021 12:01 a.m. the government issued a province-wide Stay-at-Home order requiring everyone to remain at home except for essential purposes, such as going to the grocery store or pharmacy, accessing health care services (including getting vaccinated), for outdoor exercise, or for work that cannot be done remotely.

Effective Saturday, April 17, 2021 at 12:01 a.m. the Government has extended the province-wide Stay-At Home order which requires everyone to remain at home except for essential purposes, such as going to the grocery store or pharmacy, accessing health care services (including getting vaccinated), for outdoor exercise, or for work that cannot be done remotely. This extension will last for an additional two weeks until at least June 2, 2021.

****Additionally..... Based on assessed level of risk to the health and safety of persons served and/or employees, OPTIONS NORTHWEST reserves the right to introduce heightened pandemic precautions (beyond the guidelines provided by MCCSS, Public Health, and other government and health authorities), and/or to temporarily pause or revert to an earlier stage in provincial re-opening guidelines, and to apply either approach across one or more operating areas, or to apply in a site-specific manner.***

Like all Ontarians, we are following advice from local, provincial, and national health authorities to help stop the spread of the disease. OPTIONS NORTHWEST is continuing with the following to mitigate risk:

- OPTIONS NORTHWEST administrative sites continue to be **closed** to the general public. Altered services are available from each site, during our regular hours of operation from 8am to 12:00 and 1:00 to 4:00. OPTIONS NORTHWEST is continuing to operate all programs however our approach has been modified to mitigate risk. Please call 807-344-4994 for further information about programs and services available at this time. There is an automated telephone attendant when an administrative member is not at their desk. Please follow the prompts to leave a message and your call will be returned.
- All administrative and SIL/CRT employees will be accessible via phone, video conferencing and limited face to face interaction depending on the circumstances. During the time we are in the Provincewide Stay-at Home order, face to face interaction in other programs except congregate care, will only be for situations that are deemed essential or a matter of health and safety.
- In person family/friends visits indoors as per our direction from December 15th continue to be suspended **until further notice**. Those at end of life/palliative or very ill are exempt from this direction however arrangements need to go through a supervisor. No indoor organized public events and social gatherings, except with members of the same household are allowed in this Provincewide Stay-at Home order. Visits through the window or door are still allowed.
- Effective May 22, 2021, walks with family/friends (maximum 4) from the group home are allowed.
- Effective May 25, 2021, Group Home backyard visits will be permitted: Visits may include up to four (4) visitors; Outdoor visitors will be screened prior to entering backyard; outdoor visitors must always wear a surgical/procedure mask and eye protection; visits will be scheduled in advanced, supervised, and not exceed 60 minutes; and other Group Home individuals will be encouraged not to enter the backyard to allow their roommate uninterrupted time with their visitors.

- Effective June 10, 2021, Brief Physical Contact with visitors; and Recreational Activities (non-essential short-stay absences) for individuals outside of the Group Home, will be permitted:
 - Brief physical contact with visitors:
 - Individuals and visitors, regardless of vaccination status, are permitted to engage in brief physical contact (e.g., a hug) during outdoor visits. This includes essential and non-essential visitors.
 - The requirement for visitors to wear eye protection and surgical/procedure mask at all times remains in place.
 - Despite masking exemptions, where feasible, individuals are strongly encouraged to wear a surgical/procedure mask as well.
 - Non-essential visitors must maintain physical distance (2 metres/6 feet) before and after physical contact.
 - Recreational Activities (Short Stay Absences):
 - Individuals are permitted to leave the congregate living setting for a short stay (i.e., same day) absence in the community.
 - This will now include recreational outings (activities for pleasure) in addition to essential absences (e.g., work, school, medical appointment, physical exercise).
- All employees must wear both a surgical/procedural mask AND a face shield or goggles while working within the congregate care setting or doing face to face interactions in the community. The only exception to this is during employee mealtimes when the employee is eating and strictly maintaining social distancing. Your additional training on PPE should now be completed. Please ensure your PPE is stored properly in bags provided when you are eating and not left on counters, tables, or other surfaces. Audits will also be done as recommended by Public Health Unit.
- The new orders also indicate that if you are unable to physically distance more than two meters outside, a face mask is recommended.
- Employees working in administrative offices must always wear a face mask in public areas of the buildings and if engaging with another person in their own office. The only time a face mask is not required, is when working alone in your own office. Social distancing in meeting rooms/offices is required and strictly enforced and sharing a space to have lunch together is not recommended at this time. Employees accessing the buildings after hours or on weekends are required to wear masks and properly screen including temperature taking. Cloth masks are not recommended for office use. Surgical masks are available at the entrance of both buildings.
- Calling family or reaching out in non-face to face ways is NOT cancelled and is encouraged as a safe alternative to in-person visits for people supported.
- All employees/essential visitors will be screened for symptoms and taking of temperatures as they attend any OPTIONS NORTHWEST location. All essential visitors must wear both a surgical mask and face shield or goggles when entering a congregate setting. We must provide them if they do not have them upon entry to the home. Visitors MUST complete the screening questions or access should be denied.
- All attendance at public/crowded venues for recreation is prohibited until further notice.
- Going for a walk with an employee, is NOT cancelled.
- Doing in home activities is NOT cancelled.
- Essential activities such as getting groceries is still allowed although online purchasing is recommended. Supervisors can assist with this. The Provincewide Stay-at-Home rules are allowing essential businesses to remain open; we are NOT recommending supporting people to go out to public places. (Essential businesses are defined as grocery stores, pharmacies, and other retailers for curbside pick-up.)

- All in person training is currently on hold unless there is a situation where someone is end of life/palliative or very ill and requires specific in person training for pain management or other health reasons. Area orientation may occur at supervisor's discretion. Mandatory training ex. NCI and First Aid/CPR may require in person training and may occur upon direction of management.
- The student placements from the College have been cancelled.
- **Anyone who travels outside Ontario, for either essential or non-essential reasons, must self-isolate for 14 days when returning to Ontario (Please ensure your unpaid leave of absence is pre-approved by your immediate supervisor).**
- **Anyone who travels within Ontario, must self-monitor for 14 days when returning to Thunder Bay.**
- To reduce anxiety, do not ignore your feelings, remain calm and seek assistance if you are feeling overwhelmed. You can reach the Employee Assistance Program at **1-877-371-9978**.
- Seek information from reliable news sources only.
- Reminder to use precautions as outlined by Health Canada – Wear a mask, wash your hands, cover your mouth during coughs and sneezes, stay home if you are sick. Get vaccinated. Vaccines are only one method to mitigate risk.....we still need to be vigilant with our PPE use and all of our other precautions.
- Self-care is critical as worries worsen if we are not looking out for ourselves.
- OPTIONS NORTHWEST Pandemic team meets regularly to address any new announcements, provide updates and to ensure adequate supplies/other necessities are in place.

We are doing everything possible currently to keep safe options available to support people in need of care. We will continue to monitor all the developments of COVID-19 and will continue to inform you of further changes to our services. If you have any questions or concerns, please call 807-344-4994 or email general@optionsnorthwest.com.

On behalf of the Pandemic Team, stay healthy and safe !!!

Thank You!!!!