

POLICY: R-IV-3

**DEPARTMENT:** Community Services **CATEGORY:** Health Monitoring and Promotion

**EFFECTIVE DATE:** July 2018

SUPERSEDES VERSION DATED: July 2014

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**Policy & Procedure Manual** 

### **HEALTH RELATED APPOINTMENTS – R-IV-3**

### POLICY:

Individuals will be informed of and supported to make and attend all medical and dental appointments as required and, where appropriate, persons acting on their behalf will be notified. All information from Health Professionals will be explained to the individual and the person acting on their behalf in a language and a manner they can understand.

All individuals have the right to refuse to obtain or accept medical services that are recommended by a legally qualified medical practitioner or other health professional but must be educated about the effects of refusing such treatment.

Every individual will receive annual dental and physical examinations which will include all recommended age appropriate, gender specific preventative health screenings from the required Health Professionals.

### **PURPOSE:**

- 1. To ensure that the individual has regular health updates and medication reviews.
- 2. To ensure all information and recommendations made by health professionals is explained to the individual in a language and manner they can understand.
- 3. To comply with Ontario Regulation 299/10.

### PROCEDURE:

### PRIOR TO APPOINTMENT:

1. For all pending health related appointments, consult with the individual and, if required, the person acting on their behalf. A Medical Visit Form (see Appendix A) will be completed to indicate the reason for the visit and any questions/concerns the individual, persons acting on their behalf or support staff have for the health professional. This form will be kept in the Up and Coming Appointment Folder in the Health Appointment Information section of the individual's Personal Binder until it is taken to the appointment.



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2. The appointment will be booked and, as required, take the person acting on their behalf's schedule into consideration should the individual choose to have them attend the appointment with them.

- 3. The appointment time will be documented on the Group Home Calendar and the Checklist for Health Related Appointments/Visits (see Appendix B) will be initiated checking off all items as completed. Keep this form with the Medical Visit form in the Up and Coming Appointment Folder until the day of the appointment.
- 4. The following may be required depending on which Health Professional the appointment is with:

Health Card, Immunization Card, and Current ODSP Dental Card

Note: The Personal Information/Identification Folder (pouch) containing the above documents is located in the Health Appointment Information section of each Personal Binder.

- 5. At least 24-48 hours prior to an appointment with the individual's FAMILY PHYSICIAN, staff will request a Quarterly Physician's Orders Medication Review sheet (Medication Review Sheet) (see Appendix C) from Janzen's. Check the entries with the Physician's orders to ensure all ordered medications and treatments are listed and sign and date the "Checked by" section at the bottom of the page. If time does not permit the completion of a Medication Review Sheet, call Pharmacy and request a copy be faxed to the home or Physician's Office.
- 6. If the appointment is with anyone **other than the individual's Family Physician**, staff will bring a Janzen's Progress Notes and Physician's Orders (see Appendix D) to the appointment along with a copy of the Personal/Medical Data form (see appendix E) which is found in the Health Appointment information section of each Personal Binder.
- 7. The appointment results and/or recommendations will be explained to the individual, the person acting on their behalf and any other person supporting this individual as required in a language and manner they can understand.
- 8. Should the individual refuse to obtain or accept medical services recommended by a legally qualified medical practitioner or other health professional, they must be educated about the effects of refusing such treatment. This will be documented on the Medical Visit Form, progress notes and an Incident Report will be completed.



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9. The post appointment section of the Checklist for Health Related Appointments/Visits can be used to check off all items as completed and then can be discarded.

- 10. Document "see Medical Visit Form" in the Log Book and in the progress notes.
- 11. An entry will be made on the Health Appointment Record/Log found in the Health Appointment Information section of the Individual's Personal Binder (see Appendix F).
- 12. The Medical Visit Form will be completed and filed in the Health Appointment Information section of the Individual's Personal Binder.

### ANNUAL DENTAL, EYE AND PHYSICAL APPOINTMENTS:

- The Primary/Secondary Counsellor, in consultation with the individual, will book an appointment for an annual physical, eye exam and dental examination at least 3 months prior to the 1 year anniversary date. Eye exams cam be a part of the annual physical. Persons acting on their behalf will be notified of the appointment as required.
- 2. The date of the annual dental and physical appointment will be entered on the Primary/Secondary Counsellor checklist located in the front of the Individual Support Plan Binder.

**RECOMMENDED BY:** Director, Community Services **APPENDICES:** 6

**OPERATIONAL ACCOUNTABILITY:** Administration, Community Services

Administration, Community Services

ORIGINAL POLICY DATE: August 1992

**AUTHORIZED BY: Executive Director** 

SIGNATURE:

# - OPTIONS northwest - MEDICAL VISIT FORM

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NAME OF RECIPIENT:
DATE & TIME OF APPOINTMENT:
Name of Health Professional:
REASON FOR VISIT/HISTORY OF PRESENTING PROBLEM:
QUESTIONS FOR THE HEALTH PROFESSIONAL FROM INDIVIDUAL/PERSON ACTING ON THEIR BEHALF:
HEALTH PROFESSIONALS RECOMMENDATIONS:
DATE OF FOLLOW UP APPOINTMENT IF REQUIRED:
PERSON ACTING ON THE INDIVIDUAL'S BEHALF INFORMED OF APPOINTMENT RESULTS: YES: No:
NAME OF PERSON NOTIFIED:  Date:

IF THE APPOINTMENT HAS RESULTED IN ANY CHANGES FOR THE INDIVIDUAL'S MEDICATIONS, TREATMENT, OR CARE, INFORM ANY OTHER AGENCIES/PEOPLE PROVIDING SUPPORT FOR THE INDIVIDUAL; RECORD BELOW.

AGENCY	Name of the Person who took THE INFORMATION	DATE INFORMATION WAS SHARED
COMMENTS:		
APPOINTMENT AND/OR TREATMENT I	REFUSED BY THE INDIVIDUAL: YES:	No: □
COMMENTS/EDUCATION PROVIDED:		
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DOCUMENT IN THE LOG BOOK AND PROGRESS NOTES IN THE INDIVIDUAL'S PERSONAL BINDER "SEE MEDIAL VISIT FORM"

FILE THIS FORM IN THE MEDICAL SECTION OF THE INDIVIDUAL'S PERSONAL BINDER

## **CHECKLIST FOR HEALTH RELATED APPOINTMENTS/VISITS**

A) Appointment with Family Physician:	
Pre-Appointment  ☐ Notify Person Acting on Behalf of the Individual ☐ Supervisor notified ☐ Health Card ☐ Complete Medical Visit Form ☐ Transportation arranged ☐ Escort arranged ☐ Copy of Health Appointment Record/Log ☐ Medication Review Sheet ☐ Immunization card if appointment for this reason ☐ Cancel/reschedule community placements/trans	
B) Appointment with Health Professional Other	Than Family Physician:
Pre-Appointment  ☐ Notify Person Acting on Behalf of the Individual ☐ Supervisor notified ☐ Health Card ☐ Complete Medical Visit Form ☐ Transportation arranged ☐ Escort arranged ☐ Copy of current MAR sheet ☐ Copy of ODSP dental card if required ☐ Copy of Personal/Medical Data form ☐ Copy of Health Appointment Record/Log ☐ Physician's Orders Sheet	Post Appointment  ☐ Physician's Order sheet/Prescription to Shoppers ☐ Process Physician's orders ☐ Complete Health Appointment Record/Log and File ☐ Contact Next of Kin & others supporting the individual & complete Medical Visit Form ☐ File Medical Visit Form ☐ Document in Log & progress notes ☐ Follow-up appointments in calendar ☐ Update Medication/Treatment Purpose Form
☐ Cancel/reschedule community placements/trans	portation
	portation
C) Dentist Appointment:  Pre-Appointment  Notify Person Acting on Behalf of the Individual Supervisor notified Current ODSP dental card Transportation arranged Sedation/Antibiotic ordered as required Cancel/reschedule community placements/trans	Post Appointment  ☐ Notify Person Acting on Behalf of the Individual ☐ Complete Health Appointment Record/Log ☐ Document in Log & progress notes ☐ Follow-up appointments in calendar
C) Dentist Appointment:  Pre-Appointment  Notify Person Acting on Behalf of the Individual Supervisor notified Current ODSP dental card Transportation arranged Sedation/Antibiotic ordered as required	Post Appointment  ☐ Notify Person Acting on Behalf of the Individual ☐ Complete Health Appointment Record/Log ☐ Document in Log & progress notes ☐ Follow-up appointments in calendar

## **Medication Review**

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Printed: Mar 20, 2018

Janzen's Pharmacy Lillie St

300 Lillie St N., Thunder Bay ON P7C 4Y7 Phone: (807) 344-0405 Fax: (807) 344-0483

Authorizing Period: Apr 01, 2018 to Jun 30, 2018

Patient: JANE PACMED Area: Height: Room: Weight: Gender: Female BP: Birth Date: Nov 30, 2010 Pulse:

Fax: (807) 622-3548 Phone: (807) 626-8470 Facility: OPTIONS NORTHWEST

Cycle:

Admitted: Feb 17, 2018

Prescriber: SARAH ECKLER

Drug Holiday:

Creatinine: CrCI (mL/min)

Allergies: PENICILLINS, OPIOIDS - MORPHINE ANALOGUES

BP Measurement Date:

Conditions: DIABETES MELLITUS

Age: 7

Auth Date Rx#	Drug		Qty Instructions	R/O	Qty Auth	D/C	Hold
Mar 19, 2018 4373455	FUROSEMIDE APO-FUROSEMIDE 40MG	TABLET	10 TAKE 1 TABLET DAILY				
Mar 19, 2018 4373456	PAROXETINE HCL ACT-PAROXETINE 20MG	TABLET	5 TAKE 1/2 A TABLET (10MG) DAILY				
Mar 19, 2018 4373454	METFORMIN HCL ACT-METFORMIN 500MG	TABLET	20 TAKE 1 TABLET TWICE DAILY			,	
Mar 19, 2018 4373453	FERROUS GLUCONA TEVA-FERROGLUC 300MG	TE TABLET	10 TAKE 1 TABLET DAILY AT SUPPER				
Mar 19, 2018 4373452	ATORVASTATIN CALC ACT-ATORVASTATIN 20MG	TABLET	10 TAKE 1 TABLET AT BEDTIME				
Jul 17, 2017 565432	ACETAMINOPHEN PEDIATRIX 160MG/5ML	LIQUID	1 TAKE 5ML EVERY 6 HOURS WHEN REQUIRED				
Feb 17, 2018 4321570	DOCUSATE SODIUM APO-DOCUSATE SOD 100MG	IUM CAPSULE	42 TAKE 1 CAPSULE TWICE DAILY WHEN REQUIRED				
4321556	RISPERIDONE ACT-RISPERIDONE 3MG	TABLET	42 TAKE 1 TABLET AT BEDTIME WHEN REQUIRED				
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		The second secon					

Prescriber's Signature:	Date:	
3	Date.	

NAME:

DOB:

### JANZEN'S PHARMACY

300 N. Lillie St. Thunder Bay, ON P7C 4Y7 Ph. 807 344 0405

HC # :

### **ORDER SHEET AND PROGRESS NOTES OPTIONS NORTHWEST**

DRUG ALLERGIES / SENSITIVITIES

PHYS	ICIAN'S ORDER	PROG	RESS NOTES	1			
DATE:	TIME:	DATE:	TIME:	ARTO LE			
					FF #1	STAFF	
				DATE /	ПМЕ	DATE /	TIME
				Initial as	performed	(NR = Not	Req'd)
				Pharmacy Faxed	Family Notified	MAR	TAR
				D/	C'd / Chang	e of Order	
				Meds Pulle	đ		
				Meds Flagg	ed		
SIGN:	OK TO START NEXT MED ROLL	SIGN:		Direction C	hange Stick	er	

REGULARLY SCHEDULED MEDS: 90 days, 7 days at a time; BULK TOPICALS: 50gm; PRE-PKGD ITEMS, stock size

PHYSICIAN'S	ORDER	PROG	RESS NOTES				
DATE:	TIME:	DATE:	TIME:				
					FF #1 ATURE	STAFF	
				DATE /	TIME	DATE /	TIME
				Initial as	performed	(NR = Not	Req'd)
				Pharmacy Faxed	Family Notified	MAR	TAR
				D/	C'd / Chang	e of Order	
						- Or Order	
				Meds Pulled	i		
	7			Meds Flagg	ed		
SIGN;	OK TO START NEXT MED ROLL	SIGN:		Direction CI	nange Stick	er	

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# - OPTIONS northwest - PERSONAL/MEDICAL DATA

NAME:	PERSON ACTING ON THEIR BEHALF:
ADDRESS:	
TELEPHONE:	TELEPHONE:
DOB:	CONSENT/SUBSTITUTE DECISION MAKER:
HEALTH CARD:	
SUPERVISOR:	TELEPHONE:
SUPERVISOR CONTACT NUMBER:	FAX:
SUPERVISOR ON CALL CONTACT NUMBER:	FAMILY PHYSICIAN:
ALLERGIES:	SPECIALISTS:
	DENTIST:
	DENTAL SURGEON:
	OPHTHALMOLOGIST:
SPECIAL PRECAUTIONS:	OPTOMETRIST:
	DIETICIAN:
	COMMUNICATION:
	HEARING:
MEDICAL/PHYSICAL CONDITIONS:	
	VISION:
	ADAPTIVE AIDS:
NORMAL BP: NORMAL T P R	
WEIGHT: HEIGHT:	COGNITIVE ABILITY:
IMMUNIZATION RECORD-DATE LAST DONE:	
FLU VACCINATION:	
TETNUS:	MOTOR SKILLS:
TETNUS/DIPTHERIA:	
POLIO:	
MMR:	
PERTUSIS:	
HEPATOVAX:	
TB TEST:	

SPECIAL BEHAVIOUR CONSIDERATIONS:	DIET/SPECIAL CONSIDERATIONS:
-	
14.00 A.O	

# - OPTIONS northwest - Health Appointment Record & Log

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D/M/YEAR	APPOINTMENT WITH	REASON FOR APPOINTMENT	FINDINGS/RECOMMENDATIONS
			1
	MARCE COST CAS		
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	130137		

D/M/YEAR	APPOINTMENT WITH	REASON FOR APPOINTMENT	FINDINGS/RECOMMENDATIONS
	190		
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