OPTIONS Personal Support Services

POLICY: R-VI-5

**DEPARTMENT:** Personal Support Services CATEGORY: Health and Well-being - Specialized Procedures

**EFFECTIVE DATE:** August 2013

**SUPERSEDES VERSION DATED: May 2008** 

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### Policy & Procedure Manual

# PULSE - R-VI-5

# **POLICY:**

Pulse shall be noted and recorded on admission and when deemed necessary when there is a significant change in a client's condition.

### PURPOSE:

To obtain a baseline for client's normal pulse.

To assist in evaluating a client's condition when monitoring vital signs.

# PROCEDURE:

- If temperature is to be taken, check pulse rate first crying/anxiety may affect pulse.
- \*\* Chosen areas radial (wrist), temple, neck see Appendix A
- 1. Explain procedure to client in a reassuring manner.
- Find pulse in chosen area.
- 3. Count pulsations for 30 seconds and double that number.
- 4. Chart rate in client's casebook, noting quality, regularity and activity during assessment. For pulse taken on admission, ensure results are entered on the Kardex.

**RECOMMENDED BY:** Director, Personal Support Services

APPENDICES: 1

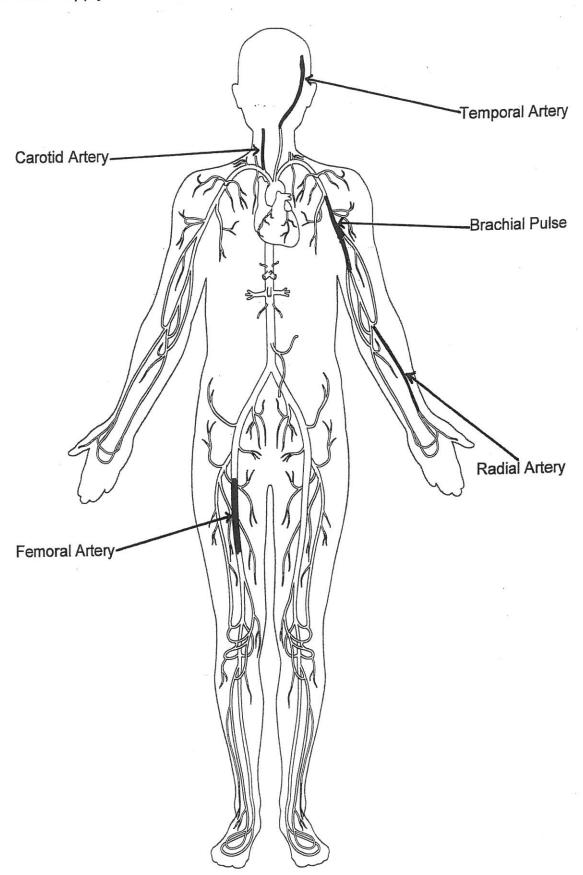
**OPERATIONAL ACCOUNTABILITY:** Administration, Personal Support Services Administration, Personal Support Services

ORIGINAL POLICY DATE: April 1987

**AUTHORIZED BY:** Executive Director

SIGNATURE: TO TOUR

Arterial Supply - Anterior View



WebMD