

Policy & Procedure Manual

URINE SPECIMEN COLLECTION – R-VI-8

POLICY:

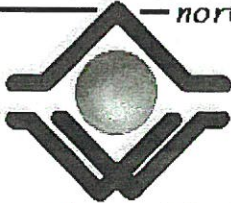
A urine specimen shall be obtained if ordered by a Physician.

PURPOSE:

To provide a clean urine sample for laboratory analysis.

PROCEDURE:

1. Plan the time of specimen collection. The specimen should be examined by the Laboratory Technician as soon as possible and a first morning specimen is preferable. Refrigerate specimen until delivered to the Laboratory.
2. Offer the client fluids to drink 30 minutes prior to sample collection time.
3. Wash your hands thoroughly and apply disposable gloves.
4. Explain the procedure to the client in a reassuring manner. Provide client privacy.
5. If the client is not able to provide the sample independently and:
 - a. the client can void on a commode or toilet, place the collecting cup between the client's legs and hold it in place while the client voids; or
 - b. If the client cannot use the commode or toilet, place a pre-cleaned bedpan beneath the buttocks of the female client or place the male client's penis into a pre-cleaned urinal. Check for voiding every 15 minutes.
6. Transfer the client's urine from the collection cup, bedpan or urinal, into the labelled specimen container. A minimum of 10 cc. of urine, preferably 60 cc. is required for a complete urinalysis. Tightly close the lid of the specimen container.
7. Take the specimen to the Laboratory as soon as possible. Record in the client Progress Notes and Daily Log Book that a urine specimen was collected and sent to the Laboratory. Indicate any obvious abnormality of the urine and the method of collection.



Personal Support Services

POLICY: R-VI-8

DEPARTMENT: Personal Support Services

CATEGORY: Health and Well-being Specialized Procedures

EFFECTIVE DATE: August 2013

SUPERSEDES VERSION DATED: April 2008

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8. If the specimen can not be obtained through normal means or if a culture and sensitivity test is required an order for catheterization can be obtained from the Physician. Catheterization must be done by a registered nurse either through accessing the nurse on the CRT or from the community.

RECOMMENDED BY: Director, Personal Support Services

APPENDICES: 0

OPERATIONAL ACCOUNTABILITY: Administration, Personal Support Services
Administration, Personal Support Services

ORIGINAL POLICY DATE: September 1992

AUTHORIZED BY: Executive Director

SIGNATURE:

A handwritten signature in black ink, written over a horizontal line. The signature is cursive and appears to be 'B. Evans'.